Aquanaut Figures 2025

Current descriptions from the World Aquatics Figures Manual 2022-2025

Summary

AQUANAUT FIGURES

	Figure	Fig. #	DD
Compulsory	Straight Ballet Leg	106	1.6
	Barracuda	301	1.8
Group 3	Kip	311	1.6
	Swanita Spinning 180	227d	1.9

Compulsory Figures

Figure 106 - Straight Ballet Leg   Difficulty - 1.6

From a **Back Layout Position,** one leg is raised straight to a **Ballet Leg Position.** The *Ballet Leg is lowered.*

				Total
NVT=	18.5	11.0	10.5	40
PV =	4.63	2.75	2.63	10

Figure 301 - Barracuda   Difficulty - 1.8

From a **Back Layout Position** the legs are raised to vertical as the body is submerged to a **Back Pike Position** with the toes just under the surface of the water. A *Thrust* is executed to **Vertical Position**. A *Vertical Descent* is executed at the same tempo as the *Thrust.*

				Total
NVT=	7.0	31.0	13.0	51
PV =	1.37	6.08	2.55	10

Group Three

Figure 311 - Kip   Difficulty - 1.6

CLICK HERE TO WATCH

From a **Back Layout Position** the knees, shins and toes are drawn along the surface of the water to assume a **Tuck Position**. With continuous motion the tuck becomes more compact, and a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface of the water. The trunk unrolls as the legs are straightened to assume a **Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and shins. A *Vertical Descent* is executed.

					Total
NVT=	3.0	2.0	23.0	14.0	42
P =	0.71	0.48	5.48	3.33	10

Figure 227d - Swanita Spinning 180   Difficulty - 1.9

CLICK HERE TO WATCH

From a **Back Layout Position** *a Bent Knee Surface Arch Position is assumed.* The bent leg is straightened to assume a **Knight Position**. The body rotates 180° to assume a **Fishtail Position**. Continuing in the same direction a descending *Spinning 180°* rotation is executed as the horizontal leg is lifted to a **Vertical Position** and is completed as the ankles reach the surface of the water. A V*ertical Descent* is executed.

						Total
NVT=	17.5	14.0	14.0	12.5	0	58
PV =	3.02	2.41	2.41	2.16	0	10