



**26th-28th September 2020**  
**3rd Bulletin**

Meet Manager:  
Rosemary Pettit  
027 220 8103  
[markandrose@xtra.co.nz](mailto:markandrose@xtra.co.nz)

**Hi everyone – Nationals planning is full speed ahead again - for both you and I! We are looking forward to seeing you in Hamilton.**

**As you are aware this year's Nationals will be a little different, with a shorter programme. The key changes to note are:**

- **Figures:**
  - Level 2 (Dolphins, Aquanauts and Aquarinas) will only complete two Figures.
  - Figures draw for Level 1 will be advised earlier
- No separate Schools competition – instead for Solos, we will acknowledge their School (if relevant) for all podium placings. If Duet partners are at the same school and place on the podium, they will be acknowledged there.
- Stars – this year we will not enforce Stars requirements for each level, rather we will leave it to coaches/clubs to ensure athletes are well-prepared.
- Music practice – there will be two music run throughs – one at music practice time on Day 1 within club time, and the other in appearance order either the morning of, or day before competition.
- Formalities will be limited – no opening ceremony, poolside prize givings
- We will weave into the programme more fun elements.

**This has been a year like no other, and we are all here to help you.**

## **EVENT INFORMATION**

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**Dates:** Saturday 26th September – Monday 28th September 2020  
Monday 28<sup>th</sup> in the afternoon - Trials for New Zealand Squads  
Tuesday 29th – Friday 2nd October  
Combined Camp for the Fern/Koru/Squad triallists

**Venue:** Waterworld Hamilton  
Garnett Avenue, Forest Lake, Hamilton 3200  
Phone: 07 958 5860

**Meet Personnel:**

Meet Referee	– Bronwyn Stackpole
Head Judge	– Caitlin Anderson
Jude Mentor	– Sue Van Os
Chief Recorder	– Vicki Hustler
Head Scorer	– Kate Boyt
Scoring Assistant	– Mike Hawkins

## Saturday 26th September

**Music Practice – by club**  
**Figures**  
**Tech Solos**

**Manager's Meeting**  
**Judges' Forum –** *(Likely start 10am - TBC) - compulsory for all Nationals' Judges*  
**AGM –** *though this may happen online the weekend before*  
**Club Forum**

## Sunday 27th September

**Music Practice –** *today's events in order of appearance*  
**Solos**  
**Tech Duets**  
**Dolphin Combos**  
**Teams**

**Poolside Prizegiving –** *Figures plus today's events*  
**Music Practise for the next day -** *in order of appearance*  
**Coach Forum**

## Monday 28th September

**Duets**  
**Combos**  
**Poolside Prizegiving –** *today's events*  
**Relay**

**Pack down and recovery break**  
**NZ Squad trials**  
**Squad Camp will run Tuesday -Friday 2 October**

## KEY CONTACTS

### Meet Manager:

Rosemary Pettit

027 220 8103

[markandrose@xtra.co.nz](mailto:markandrose@xtra.co.nz)

### SSNZ Administrator (Invoices/Entries):

Karen Moffatt-McLeod

021-843-860

[synchroswimnz@gmail.com](mailto:synchroswimnz@gmail.com)

## KEY DATES TO ASSIST WITH PLANNING

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June 15 <sup>th</sup> (or earlier)	Request for Final Entries and Accommodation Forms will be sent out this month.
15 <sup>th</sup> July	<b>DEADLINE FOR FINAL ENTRIES AND ACCOMMODATION REQUIREMENTS</b> Please note any late entries will incur a \$50 penalty fee per entry per event per swimmer
1 <sup>st</sup> August	<b>Invoices for accommodation and entry fees to be sent to clubs</b> Each club will receive an email confirming entry fees based on their final entries, and accommodation invoices where relevant`
1 <sup>st</sup> September	<b>ENTRY FEES AND ACCOMMODATION TO BE PAID</b> Payments should be made to the Tauranga Synchronised Swimming Club account number: 03-0374-0242602-02  <b>DEADLINE FOR MUSIC TO REACH MUSIC MANAGER</b>  Programme and Order of Appearance to be sent to Clubs for checking – <b>DEADLINE FOR FEEDBACK IS 10<sup>TH</sup> SEPTEMBER</b>
15 <sup>th</sup> September	<b>AGE GROUP FIGURES DRAWS TO BE EMAILED TO COACHES AND JUDGES</b>

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## COMPETITION POOL DIMENSIONS

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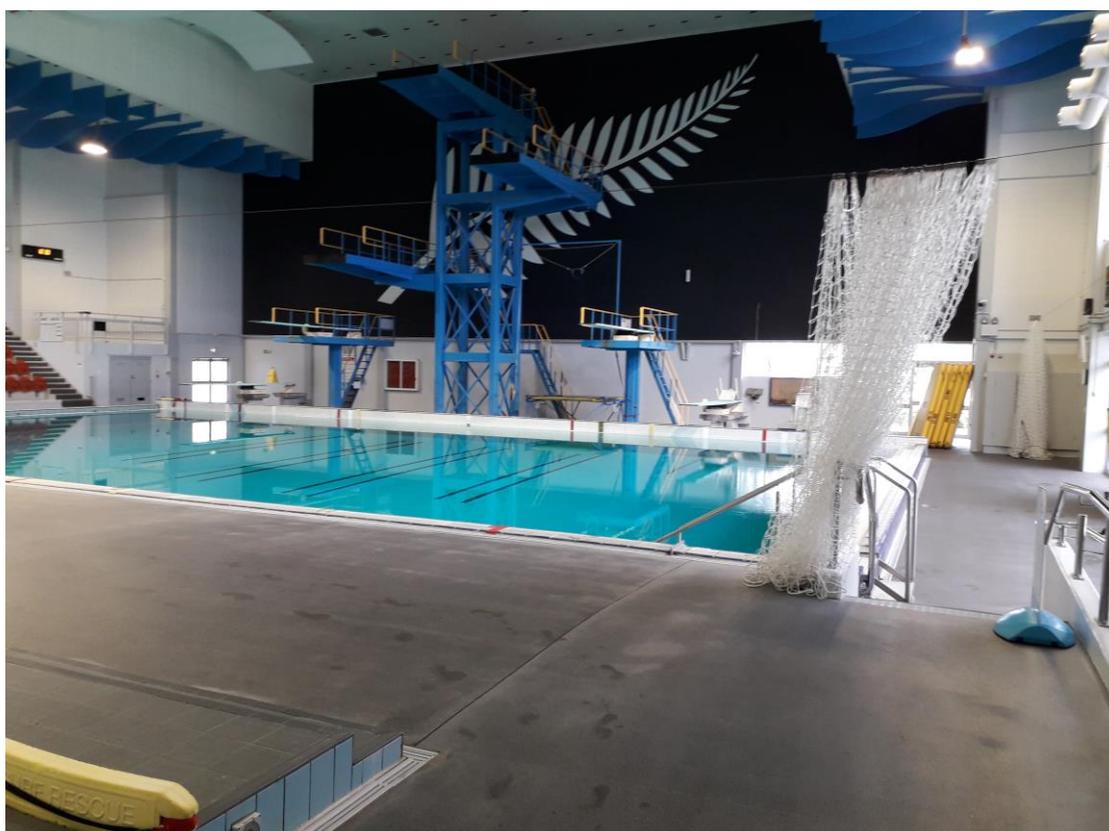
We will be using the Dive Well at Water World

It is 4.6m deep, 23 m long and 15 m wide.

Swimmers will enter the water at the 15m wide edge (on the right on the image below) and judges will sit on either side of the 23m long length of the pool.

There is going to be a platform for the swimmers to pose on that will be the same height as the poolside.

During competition, a clear deck policy will apply and only those with official accreditation will be allowed on the pool deck. During each routine, the coach(es) of the competing team will have access to the deck for viewing purposes only.



We have a large room under the stands for gelling.  
All bags will be kept up in the stands.

**We have plenty of room for family and friends to come and watch.**

## JUDGES

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A reminder that clubs are expected to provide 1 judge for every 6 swimmers. This is even more critical this year as we want to try to keep to 4 panels for all Figures to keep times down. If you need help in finding judges, please get in touch with Rosemary – she may be able to connect you with other clubs who have surplus and

you can pick up their cost. We will ask you to advise Judges names and contact details when you confirm Final entries.

## **RULES – Please make sure your coaches are familiar with them**

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Competition will be conducted under the rules of FINA 2017-2020 and Synchro Swim New Zealand rules available on the SSNZ website -

<https://synchroswimnz.org.nz/competitions-and-results/nz-competition-rules>

**The only exception will be that Level 2 – Dolphins/Aquanauts/Aquarinas will only be required to complete two figures – and the figures score will be the average of those two Figures (instead of four Figures).**

SSNZ protocols for parents, athletes & coaches attending competitions are also available on the SSNZ website. Please distribute this link to athletes and club members. <https://synchroswimnz.org.nz/ssnz-policies>

## **VOLUNTEERS**

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Volunteers are such an important part of any competition and we need plenty at Nationals. Sometimes people are reluctant to volunteer because they don't know what to do. We will train them on the day 😊 we will look after them 😊 and help them 😊.

I can also supply to Clubs the Time Keeping Slips we will use at Nationals, that way they can practise time keeping at your next Club display.

Saturday afternoon when we do figures we need the most – 28 volunteers required. Roanna Gornall from Tauranga is looking after the volunteer roster this year. More will come out on this closer to September.

## **ACCOMMODATION**

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Accommodation has been pre-booked at the boarding facilities of:

Waikato Diocesan School for Girls  
660 River Road  
Hamilton

Waikato Diocesan has 160 beds available. It is a 6-minute drive from the pool. This school offers very nice boarding facilities.

- All linen is supplied.
- Breakfast, lunch and dinner are provided.

- Rooms have their own heating
- Laundry washing and drying facilities are available.
- There is a lot of outdoor space for land drilling and lounge areas for relaxing in.

You can stay there on the Friday night, arriving after 5.30pm. They are also able to supply dinner on the Friday night.

The full cost per day is \$114 (inc GST) per day for accommodation and 3 meals. If you need other meals, the breakdown of costs are as follows:

- Breakfast \$13.80 (inc GST)
- Lunch \$16.10 (inc GST)
- Dinner \$27.60 (inc GST)
- One night's accommodation only is \$56.50 (inc GST)

We have extra space booked at Hamilton Girls High School if required. We will base allocations to the boarding schools on team numbers. Please note that we won't split teams - but if it's easier, we may place all the judges at Hamilton Girls' High and the teams at Dio. (If this is required, we will work out a transport solution for the judges).

Hamilton Girls will cost the same as Diocesan Girls.

Karen will be sending out a Google Docs sheet for you to fill in your accommodation and meal requirements at the same time as she sends out entries.

If you need to apply for grants funding and require a quote, please let me know.

## ENTRY INFORMATION

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The entry process is being managed by Karen Moffat-McLeod through google sheets as it was last year.

**Stage 1 – Request for Final Entries will sent out during June**

**Stage 2 – Deadline for Final Entries is 15<sup>th</sup> July 2020**

**Please note - any late entries will incur a \$50 penalty fee per entry.**

## SCHOOLS ENTRIES

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Please note, there will be no formal and separate Schools competition this year in order to keep the programme shorter. Instead, for all Solo podium placings, we will acknowledge their School as well as the Club – so we will ask you to provide that detail in the entries.

If you have any Duets who come from the same school, we will ask you to note these with your entries – so if they place on the podium we can also acknowledge their School.

## INDICATIVE ENTRY FEES

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Event fee, including photography: \$70 per swimmer  
Figures: \$15 for Dolphins, Aquanauts & Aquarinas \$20 12 & unders and  
13/14/15  
Routines: \$25 per swimmer/event

Entry fees are applicable to all swimmers, including any reserves named for Solo, Duet, Team and Combination events.

**Please note – SSNZ has confirmed they will not be charging affiliation fees this year.**

## FIGURES DRAW

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**For 2020 only – Level 2 competitors i.e.** Dolphins, Aquarinas and Aquanauts will only compete in their two compulsory figures as follows:

- Dolphins – Sailboat Alternate & Somersault Back Tuck
- Aquanauts – Straight Ballet Leg & Barracuda
- Aquarinas – Ariana & Rio

Age Group categories will continue to compete in four figures as usual. However, we will advise the Figures draw on the 15<sup>th</sup> September to allow more time for athletes/coaches/judges to prepare.

## ORDER OF APPEARANCE

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Order of appearance draw will be completed after final entries are received and will be notified when the programme is sent out to clubs for checking.

## MUSIC PRACTICE AND WARM-UP

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Once we understand final entries and arrival times, we will confirm the Music Practice schedule.

Club music time on Saturday 26<sup>th</sup> September will allow for one run-through of each routine – though clubs can control how they use that time and provide direction to the Music Manager.

Pre-competition there will be the opportunity for one other run through as follows:

- Tech Solo will be added to Saturday club music practise

- Sunday events – music practice will be on Sunday morning in order of appearance with no breaks.
- Monday events – music practice will on Sunday night at the end of the day's competition in order of appearance with no breaks.

Two lanes in the main pool will be made available for training, warm up and cool down for the duration of the event.

## MUSIC REQUIREMENTS – DEADLINE 1 SEPTEMBER

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The Music Manager for this competition is Mark Pettit and his team of helpers.

An email will be sent with instructions and online folder later on after final entries have been received.

- Music for each routine must be dragged to an online folder and be in mp3 format.
- Please name the files following this example: **Age group\_Event\_Swimmer name\_Club** e.g. Junior\_Duet\_Jane Doe & Josie Bloggs\_Wellington.
- If the music is being used in **both Schools and Nationals** then we will require it twice, labelled for each.

Music given will be used at practice to check sound level etc - please check the quality of your files before sending.

**Please also ensure team managers/coaches have with them all music on USB stick and/or ipod in case we need back up.**

Mark Pettit  
[markandrose@xtra.co.nz](mailto:markandrose@xtra.co.nz)  
[027 274 0310](tel:0272740310)

## PHOTOS OF THE COMPETITION

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The 2020 official photographer will be Gail Stent.

Following Nationals Gail will take about 1-2 weeks to process the images and then upload them to her website. The link and password to access the photos will be sent to the manager of every team who can forward the information to their swimmers and parents to download digital versions of the images directly.

Gail Stent Photography

[www.gailstentphotography.com](http://www.gailstentphotography.com) <https://www.facebook.com/mifotoshows>  
<https://www.instagram.com/gailstent/>

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## MERCHANDISE

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A range of 2020 merchandise will be available, more details will follow. We have an amazing logo to work with – special thanks to Natasha Cusiel from Alpine Synchro.



## NATIONAL SQUAD TRIALS

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A reminder that these will take place on the afternoon Monday 28<sup>th</sup> September – there will be separate communication to clubs about this. The camp will run from Tuesday 29<sup>th</sup> – Friday 2 October

## POLICE VETTING

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A reminder that all adults travelling with NZ Teams should have had a police vetting check done to comply with the Vulnerable Children's Act. The link below will help you work through the process - please get onto this sooner rather than later as it does take some time.

<https://www.police.govt.nz/advice/businesses-and-organisations/vetting/register-new-zealand-police-vetting>

## THE WHAT IF QUESTION

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What if COVID comes back and we go up to Level 2 again? Everything certainly feels very positive at the moment, but as we all learnt earlier this year – who knows what's around the corner.

**We can only run Nationals when the country is at Alert Level 1.**

If the country drops back to Level 2, we do have a back-up date locked in with Water World - 12,13,14<sup>th</sup> December

WaterWorld and Dio have confirmed that if we had to cancel due to COVID the cost would be minimal. For those of you flying, it would be sensible to talk to Air NZ or your travel agent about what would happen in this situation.

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What we ask of each Club is that you only bring athletes, coaches and managers to Nationals that are 100% healthy. Even if it impacts your duet, team or combo performances, it's critical that illness is kept away from the accommodation and pool.

## TROPHIES

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Now is the time to dust these off, get them engraved and give them a polish. If you are unsure who won what, please refer to the below link:

<https://synchrowimnz.org.nz/media/504/2019-national-trophies-recipients.pdf>



## ABOUT HAMILTON (Maori: Kirikiriroa)

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### Getting to Waterworld:

- Hamilton Airport is a 20 minute car ride to the pool.
- Auckland Airport is a 1 hour and 20 minute car ride to the pool (may well be cheaper to fly in there and then bus down)

### What to do in your down-time (if you have any!):

- The Waikato River runs through Hamilton. Along the river there are great walking / running paths.
- Hamilton Gardens - there are several themed areas that you can wander through. A lovely space to catch some fresh air.
- Hamilton Zoo.
- Shopping at The Base - Hamilton's largest shopping mall.
- Escapist - an escape room challenge with a board game cafe attached.

Below is a link to the 2019 Visitor's Guide to the Waikato Region.

[https://www.waikatoz.com/media/4108/2019\\_hwt\\_visitor\\_guide\\_final\\_all\\_lr.pdf](https://www.waikatoz.com/media/4108/2019_hwt_visitor_guide_final_all_lr.pdf)

**Useful contacts:**

**Medical Care**

24-hour medical care is provided at:  
Anglesea Clinic Urgent Care  
Thackeray Street  
07 858 0800

**Accident and Emergency Department**

Waikato Hospital  
Pembroke Street  
Hamilton West

**Ambulance - Dial 111**

**Emergency Dentist**

Hamilton Dental Emergency Centre  
481 Anglesea Street  
Hamilton North  
Hamilton  
07 834-9293